

# STEP BY STEP - ACCESSING LMS COURSES VIA **PURCHASING**

## AVAILABLE COURSES

- Improving Strategic Judgment
- Improving Work-Life Balance
- Improving Noticing Capacity
- Improving Self-Side Stress
- Dealing with Frustration
- Developing Positive Self-Esteem
- Improving Decision-Making Energy & Dealing with Difficult People

## DIRECTIONS

- 1 Go to website: [lms.judgmentindex.com](https://lms.judgmentindex.com)
- 2 Click Button 'Create Learner Account.' Input your information to create user account.
- 3 Check email. Open link inside email to be redirected to LMS website. May come via the name 'Udutu.' Check spam folder if email does not arrive.
- 4 Input username/password and login.
- 5 On left-hand side, click 'Credits.'
- 6 Click 'Purchase Credits' at top of page.
- 7 Purchase the # of credits you desire and you will be directed to pay via Paypal or CC.  
1 Credit = 1 Dollar; 1 LMS Course = 25 Credits
- 8 After purchase, go to 'Training Activities' on left-hand side to select which course you would like to take.
- 9 Once ready to start course, click 'Start Activity.'

If you need assistance, please email **[support@judgmentindex.com](mailto:support@judgmentindex.com)** with 'LMS' in the subject line.

